





FACIALS

Soothing Remedy Cleansing

60 minutes - INR 5000

The advanced professional solution to soothe, renew & strengthen sensitive & redness prone skin. Smoothens and restores the protective skin barrier through a delicate dermal-affinity action & renews, nourishes and fortifies the skin barrier. Recommended for skins which are sensitive, fragile and prone to redness

Active Pureness

60 minutes - INR 6500

This facial is an advanced deep-cleansing rebalancing and purifying treatment to deeply purify and rebalance oily, impure skin. With algae biphase mask of spirulina algae which is an advanced deep cleansing and gives the skin aluminous, smooth, uniform appearance & rebalances the oily impure skin.

Hydramemory

60 minutes - INR 7000

Hydrating, cosmetically supports skin compactness, prevents visible signs of premature aging.

Intensive hydrating treatment for face, neck and décolleté with biomimetic fragments hyaluronic acid and macro hyaluronic acid, for a bright and silky skin aspect. The exclusive application of the mask with brushes offers a unique experience. It cosmetically supports the compactness of the skin & help stop prevent the visible signs of a premature aging. Ideal for all skin conditions, specific for particularly dehydrated and stressed skins, exposed to air-conditioned and very dry climates.

Sublime Skin Active Lift

60 minutes - INR 8000

Anti-aging, lifting, re-plumping for mature skin

An anti-aging redensifying and lifting treatment for the face and neck. Combined with the specific **ACTIVE LIFT MASSAGE**, restore fullness to the skin and redefines the volume of the face. its specific action and efficacy is obtained thanks in particular to the innovative biphase peel-off mask. The treatment stimulates a triple action of immediate lifting, redensifying the face's oval & nourishes, illuminates and tones. Deep wrinkles as well as fine lines appear softer and attenuated.

Sublime Skin Double Peel

60 minutes – INR 6000

Illuminating, anti-aging and firming

A state of the art ultimate anti-ageing facial combines an Archi-Lift™ technology with the renewing effects of the double peel for an instant re-plumping effect. Ideal for mature skin with visible signs of ageing, this firming facial stimulates cellular regeneration using the exclusive active lift massage techniques to smooth and tone skin.



Sublime Eye Patch Combined With Cleansing Facial

60 minutes – INR 6000

Aging immediate relief eye cosmetic treatment

Thanks to a fresh and innovative Hydrogel Peptide Mask, it visibly reduces the signs of time and tiredness of the eye contour. It improves the aspect of wrinkles, and dark circles signs of tiredness. Suitable for tired eyes marked by wrinkles, bags and blue circles.

SPA TREATMENTS

R the Spa Fusion Signature Treatment

120 minutes – INR 10000

Clears blocked energy lines – Blood Circulation

This blissful signature massage combines eastern philosophy with western techniques. It incorporates the Deep Tissue massage technique application of pressure on certain pressure points to release blocked energy and create a balance in the body. The application of hot herbal (Ayurveda) compress called as the POTTI relieves sprains, stiffness in the joints and stimulates blood circulation.



ASIAN HOLISTICS TREATMENTS

Oriental Ritual Aroma Soul Massage

60 minutes - INR 7500 | 90 minutes - INR 9500

Essences of Mandarin, yang yang, mimosa and jasmine create the atmosphere and help reduce anxiety. Oriental Aroma soul massage helps to increase energy flow to exert a soothing and relaxing effect on the body.

Mediterranean Ritual Aroma Soul Massage

60 minutes - INR 7500 | 90 minutes - INR 9500

Bergamot, anise, cypress and lemon are combined for a refreshing, restorative action. This helps reduce depression and anxiety. Mediterranean Aromasoul massage to revitalize and uplift the senses.

Indian Ritual Aroma Soul Massage

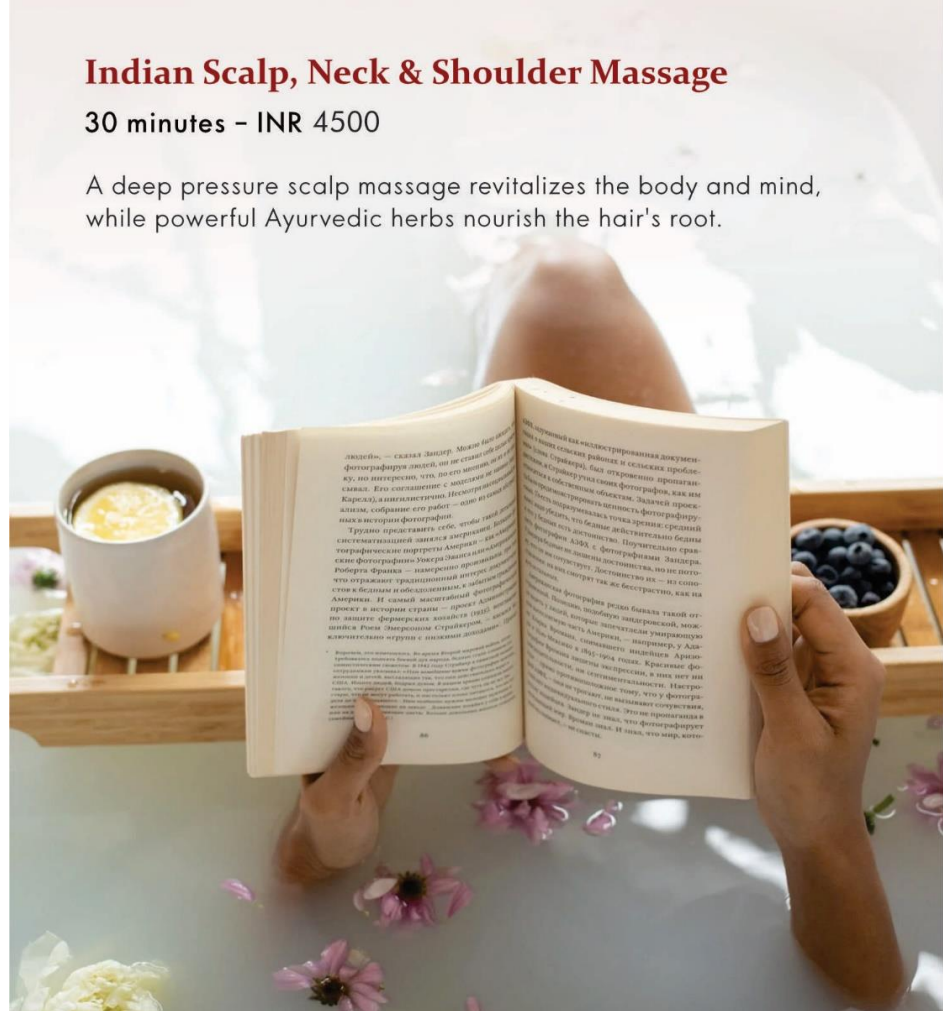
60 minutes - INR 7500 | 90 minutes - INR 9500

Cardamom, bergamot, patchouli and Calderwood induce deep relaxation and help reduce tension and stress. Indian Aroma soul massage invigorates the body for an energized invigorating effect to instantly revive your spirit.

Indian Scalp, Neck & Shoulder Massage

30 minutes - INR 4500

A deep pressure scalp massage revitalizes the body and mind, while powerful Ayurvedic herbs nourish the hair's root.



Arabian Ritual Massage

60 minutes - INR 7500 | 90 minutes - INR 9500

Vetiver, mandarin, nutmeg and cumin invoke calmness and tranquillity while helping to reduce toxins. Arabian Aromasoul massage has soothing rhythm that nurtures, calms and comforts the soul for a balanced effect.

Balinese Massage

60 minutes - INR 7500 | 90 minutes - INR 9500

An intense, medium to strong deep tissue massage in which therapist uses thumb & palm pressure and firm strokes to apply a unique blend of essential oil with warming qualities.

Indian Abhyanga Ayurvedic Massage

60 minutes - INR 7500 | 90 minutes - INR 9500

This traditional Indian massage is highly recommended for detoxification, improving vitality and reducing nervous tension and stress. This therapeutic treatment uses Ayurvedic herbal oils, combining energy-point stimulation and friction strokes to stimulate natural cleansing processes and improve the balance of body and mind.

Shirodhara Ayurvedic Treatment

60 minutes - INR 7500 | 90 minutes - INR 9500

A steady stream of medicated oil is directed on the forehead in a unique therapy designed to relieve mental tension and provide a calm state of mind. The regular rhythm has a restorative effect on the senses and is the coveted key to unlocking mental tension that often leads to poor physical health.

Indian Ayurvedic Potli Treatment

90 minutes - INR 7000

Potli massage, often called as choorna Pinda Sweda in Ayurveda, is an Ayurvedic therapy where the whole body is massaged with an herbal powder or 'choornam' in poultices to induce therapeutic sweating. After Potli massage, generally steam and sauna are not recommended.

Oriental Foot Massage

30 minutes - INR 4500

This massage works on the pressure points of the feet to balance energy flow and enhance the immunity system. This technique further helps to rebalance internal functions and establish a healthy equilibrium of the mind and body.



EUROPEAN HOLISTICS TREATMENTS

Hot Stone Massage

90 minutes – INR 9500

This hot-stone massage uses a thermal-therapy technique that melts away tension, eases muscles stiffness and increases circulation and metabolism. Each 90-minutes session promotes deeper muscle relaxation through the placement of smooth, heated basalt stone high in magnesium and iron content at key points on the body.

Swedish Massage

60 minutes – INR 7500 | 90 minutes – INR 9500

A unique European full body massage that stimulates blood circulation and soothes tense muscles. Medium in pressure, it uses a combination of three basic strokes- long firm strokes, kneading strokes and small circular strokes to smooth away stress.

Deep Tissue Massage

60 minutes – INR 7500 | 90 minutes – INR 9500

A unique European full body massage therapy that focuses on realigning deeper layers of muscles and connective tissue. The therapist utilizes slower movements to ensure that the pressure is deeper on the areas of tension.

Lymph Drainage Massage

60 minutes – INR 7500 | 90 minutes – INR 9500

A therapeutic massage which target to improve lymphatic circulation and the techniques are used to activate lymphatic nodes in order to drain tissue fluid thus to detoxify the body. After this massage steam and sauna are not recommended at least 2 to 3 hours.



BODY THERAPIES

Aroma Soul Volcanic Scrub

60 minutes – INR 5500

A unique renewing and revitalizing body scrub for smooth, soft skin, enhanced with your choose essential oil blend, ensuring nourishment and radiance for your skin. It bestows nourishment youth and splendour to all types of skin conditions. Inspiration is taken from different massage techniques to create a complete sensorial voyage of discovery and vitality. Each journey begins with your choice of essential oil blend.

Ayurveda Package

150 minutes – INR 13000

This therapeutic treatment uses Ayurveda herbal oils and combination of Shirodhara, Abhyanga & Ayurveda potli treatment gives you warmth in your body.





TIMINGS: 8AM TO MIDNIGHT DAILY
TAXES AS APPLICABLE

