



*Your sanctuary for
mind, body, and soul.*



The word “***spa***” comes
from the Belgian town of
Spa, *famous since Roman
times for its healing springs.*



FACIALS

SOOTHING REMEDY CLEANSING

60 minutes

The advanced professional solution to soothe, renew & strengthen sensitive & redness-prone skin. Smooths and restores the protective skin barrier through a delicate dermal-affinity action & renews, nourishes and fortifies the skin barrier. “Recommended for skin that is sensitive, fragile and prone to redness.”

ACTIVE PURENESS

60 minutes

This facial is an advanced deep-cleansing rebalancing and purifying treatment to deeply purify and rebalance oily, impure skin. With algae biphasic mask of spirulina algae which is an advanced deep cleansing and gives the skin a luminous, smooth, and uniform appearance uniform appearance & rebalances the oily impure skin.

HYDRA-MEMORY


60 minutes

Hydrating, cosmetically supports skin compactness, prevents visible signs of premature aging. Intensive hydrating treatment for face, neck and décolleté with biomimetic fragments of hyaluronic acid and macro hyaluronic acid, for a bright, silky complexion. The exclusive application of the mask with brushes offers a unique experience. It cosmetically supports the compactness of the skin & helps prevent the visible signs of a premature aging. Ideal for all skin conditions, specifically for particularly dehydrated and stressed skins, exposed to air-conditioned and very dry climates.

SUBLIME SKIN ACTIVE LIFT

60 minutes

Anti-aging, lifting, re-plumping for mature skin. An anti-aging redensifying and lifting treatment for the face and neck. Combined with the specific ACTIVE LIFT MASSAGE, restores fullness to the skin and redefines the volume of the face. Its specific action and efficacy is obtained thanks in particular to the innovative biphasic peel-off mask. This treatment stimulates a triple action of immediate lifting, redensifying the face's oval & nourishes, illuminates and tones. Deep wrinkles as well as fine lines appear softer and attenuated.



You have to try a facial.
It's like a mini reset for
your skin, leaving it *smooth,*
bright, and alive

SUBLIME SKIN DOUBLE PEEL

60 minutes

Illuminating, anti-aging and firming


A state of the art ultimate anti-ageing facial combines an Archi-Lift TM technology with the renewing effects of the double peel for an instant re-plumping effect. Ideal for mature skin with visible signs of ageing, this firming facial stimulates cellular regeneration using the exclusive active lift massage techniques to smooth and tone skin.

SUBLIME EYE PATCH COMBINED WITH CLEANSING FACIAL

60 minutes

Aging immediate relief eye cosmetic treatment

“Thanks to a fresh and innovative Hydrogel Peptide Mask, it visibly reduces signs of tiredness of the eye contour. It improves the aspect of wrinkles, and reduces dark circles and signs of tiredness. Suitable for tired eyes marked by wrinkles, bags and blue circles.

A close-up photograph of a woman lying down, her eyes closed, receiving a facial massage. Two hands are gently holding and massaging her face. The woman has dark hair and is wearing a dark top. The background is dark and textured. The lighting is warm and soft, highlighting the contours of her face and the hands. A thin yellow curved line is visible on the left side of the image, framing the text.

SCIENCE SHOWS touch
therapy lowers anxiety
and boosts immunity —
*proving spa care is
essential, not optional.*

SIGNATURE BODY THERAPIES

R THE SPA FUSION SIGNATURE TREATMENT

120 minutes


Clears blocked energy lines – Blood Circulation

This blissful signature massage combines eastern philosophy with western techniques. It incorporates the Deep Tissue massage technique application of pressure on certain pressure points to release blocked energy and create a balance in the body. The application of hot herbal (Ayurveda) compress called the Potli relieves sprains, stiffness in the joints and stimulates blood circulation.

FOUR HAND MASSAGE

60 minutes | 90 minutes

A synchronised treatment conducted by two therapists working in unison at the same time, this therapy is combination of Swedish and Deep Tissue massage and reflexology, which will leave you feeling totally relaxed and rejuvenated.

A person's hands are shown holding a wooden tray containing several small white bowls filled with different types of ground herbs and spices. A small lit candle in a brass holder is also on the tray. In the foreground, a large white flower is visible. The background is a blurred indoor setting with a wooden railing and a window. The entire scene is framed by a large, semi-transparent yellow circle.

India is the birthplace of
Ayurveda, *a 5,000-year-
old natural healing system*
focusing on balance.

ASIAN HOLISTICS TREATMENTS

ORIENTAL RITUAL AROMA SOUL MASSAGE

60 minutes | 90 minutes

Essences of Mandarin, ylang ylang, mimosa and jasmine create the atmosphere and help reduce anxiety. Oriental Aroma soul massage helps to increase energy flow to exert a soothing and relaxing effect on the body.

MEDITERRANEAN RITUAL AROMA SOUL MASSAGE

60 minutes | 90 minutes

Bergamot, anise, cypress and lemon are combined for a refreshing, restorative action. This helps reduce depression and anxiety. Mediterranean Aroma Soul Massage revitalises and uplifts the senses.

INDIAN RITUAL AROMA SOUL MASSAGE

60 minutes | 90 minute

Cardamom, bergamot, patchouli, and cedarwood induce deep relaxation and help reduce tension and stress. Indian Aroma soul massage invigorates the body for an energising invigorating effect to instantly revive your spirit.

ARABIAN RITUAL MASSAGE

60 minutes | 90 minutes

Vetiver, mandarin, nutmeg and cumin invoke calmness and tranquillity while helping to reduce toxins. Arabian Aroma Soul Massage has a soothing rhythm that nurtures, calms and comforts the soul for a balanced effect.

INDIAN SCALP, NECK & SHOULDER MASSAGE

30 minutes

A deep pressure scalp massage revitalizes the body and mind, while powerful Ayurvedic herbs nourish the hair roots.

With stress now linked to 70% of lifestyle illnesses, *spa therapy has become preventive self-care*, not indulgence.



BALINESE MASSAGE

60 minutes | 90 minutes

An intense, medium to strong deep tissue massage in which therapist use thumb & palm pressure and firm strokes to apply unique blend of essential oil with warming qualities.

INDIAN ABHYANGA AYURVEDIC MASSAGE

60 minutes | 90 minutes

This traditional Indian massage is highly recommended for detoxification, improving vitality and reducing nervous tension and stress. This therapeutic treatment uses Ayurvedic herbal oils, combining energy-point stimulation and friction strokes to stimulate natural cleansing processes and improve the balance of body and mind.

SHIRODHARA AYURVEDIC TREATMENT

60 minutes | 90 minutes

A steady stream of medicated oil is directed on the forehead in a unique therapy designed to relieve mental tension and provide a calm state of mind. The regular rhythm has a restorative effect on the senses and is the coveted key to unlocking mental tension that often leads to poor physical health.

INDIAN AYURVEDIC POTLI TREATMENT

90 minutes

Potli massage often called as 'known as 'Choorna Pinda Sweda' in Ayurveda. It is an Ayurvedic therapy where the whole body is massaged with an herbal powder or 'choornam' in poultices to induce therapeutic sweating. After a Potli massage, steam and sauna are generally not recommended and sauna are not recommended.

BODY STRATEGIST LEG REVIVAL TREATMENT

60 minutes

In the presence of tired and heavy legs, a typical disorder that normally appears in the evening hours, more acute in warm climates, it is often the consequence of a stressful day. The Body Strategist Leg Revival treatment promotes an immediate and progressive sense of well-being. Thermal water from Bagni di Pisa, a blend of essential oils, fucus and laminaria algae: a synergic intensive cosmetic treatment suitable for all types of imperfections of cellulite. Recommended for tired and weary legs, leaving legs feeling refreshed, toned, and strengthened.

Hot stone therapy:
a symphony of warmth,
balance, and bliss.



EUROPEAN HOLISTICS TREATMENTS

HOT STONE MASSAGE

90 minutes

This hot-stone massage uses a thermal-therapy technique that melts away tension, eases muscle stiffness and increases circulation and metabolism. Each 90-minute session promotes deeper muscle relaxation through the placement of smooth, heated basalt stone high in magnesium and iron content at key points on the body.

SWEDISH MASSAGE

60 minutes | 90 minutes

A unique European full body massage that stimulates blood circulation and soothes tense muscles. Medium in pressure, it uses a combination of three basic strokes- long firm strokes, kneading strokes and small circular strokes to smooth away stress.

DEEP TISSUE MASSAGE

60 minutes | 90 minutes

A unique European full body massage therapy that focuses on realigning deeper layers of muscles and connective tissue. The therapist utilizes slower movements to ensure that the pressure is deeper on the areas of tension.

LYMPH DRAINAGE MASSAGE

60 minutes | 90 minutes

A therapeutic massage which targets to improve lymphatic circulation and the techniques are used to activate lymph nodes in order to drain tissue fluid, thus detoxifying the body. After this massage steam and sauna are not recommended at least 2 to 3 hours.

Draws from
authentic
Ayurvedic
traditions.

Boosts blood
circulation &
detoxifies the body.

POTLI SPA

Combines heat
therapy + herbal
healing for a
soothing, balancing
effect.

Relieves deep-
seated tension and
muscular pain.



BODY THERAPIES

AROMA SOUL VOLCANIC SCRUB

60 minutes

A unique renewing and revitalising body scrub for smooth, soft skin, enhanced with your chosen essential oil blend, ensuring nourishment and radiance for your skin. It bestows nourishment, youth, and splendour to all types of skin conditions. Inspiration is taken from different massage techniques to create a complete sensorial voyage of discovery and vitality. Each journey begins with your choice of essential oil blend.

VICHY SHOWER WITH AEROMASOUL VOLCANIC SCRUB

90 minutes

Vichy shower features a horizontal bar with seven shower heads. Warm water is poured over a shallow wet bed through showers. As you lie on heated plinth, and allow few minutes to soften your skin. Your therapist will carry out a deep body scrub using an exclusive loofah from head to toe. The treatment ends with Aromasoul Volcanic Scrub ensuring nourishment and radiance to your skin.

BAGNI DI PISA THERMAL MUD MASSAGE TREATMENT WITH VICHY SHOWER

180 minutes

Bagni Di Pisa Thermal Mud, by remodelling cosmetic treatment with Vichy Shower. The treatment is combination of Vichy Shower with Aroma soul Volcanic Scrub followed by one-hour body massage and ends with Bagni Di Pisa Thermal Mud Treatment. A synergistic intensive cosmetic treatment suitable for all types of imperfections of cellulite. The skin is exfoliated with a special blend of natural acid extracts, followed by Bagni di Pisa Thermal Mud massage. The mud is actually massaged into the skin with a deep tissue technique. Once the first massage is over the body is wrapped in a special body wrap and treated with steam for 20 minutes. Following the steam therapy, the mud is removed and a closing draining massage with the Body Strategist Massage oil is done.



SPA OILS are curated
*blends of plant extracts and
essential oils* that relax the
body, nourish the skin and
uplift the mind.

SPA PACKAGES

COUPLE MASSAGE

120 minutes

Enjoy a massage together in the couple treatment suite in a candlelit atmosphere with relaxing background music with Jacuzzi filled with warm water and rose petals. A specially prepared spa cuisine will await you upon completion of treatment.

Choose from -Swedish / Balinese / Deep Tissue / Oriental // Mediterranean/Indian / Arabic Aromasoul Ritual Massages.

RADIANCE SPA RETREAT

240 minutes

Restore your body's harmony with this treatment of exfoliation, hydration and palpation. This treatment starts with Tropical skin Renewal (Detoxifying - Scrub) followed by an hour massage session

Choose from - Swedish / Balinese / Deep Tissue / Oriental// Mediterranean / Indian / Arabian Aromasoul Ritual Massages.

Enjoy Jacuzzi with floral bath, Steam & Shower followed by a Soothing Remedy Cleansing Facial.

AYURVEDA PACKAGE


150 minutes

This therapeutic treatment uses Ayurveda herbal oils and combination of Shirodhara, Abhyanga & Ayurveda potli treatment gives you warmth in your body.

ROMANTIC GETAWAY

240 minutes

Put aside your special day to participate in your partner's treatment. With this package of Tropical Skin Renewal (Detoxifying Scrub). An hour massage session Choose from - Swedish / Balinese / Deep Tissue / Oriental / Mediterranean/ Indian / Arabian Aromasoul Ritual Massages and Soothing Remedy Cleansing Facial you can really have quality time together.



From trims to total makeovers —
we've got you covered.

SALON SERVICES

For Her

HAIR

Hair Cut
Shampoo with Conditioner
Blow Dry
Flat Ironing
Curling Tongs
Hair Bun (without accessories)
Wash and Blow Dry

GK KERATIN HAIR TREATMENT

Medium and Neck
Long

REBONDING

Short
Long

MOROCCAN OIL HAIR RITUAL TREATMENT

Hydrates/Smooth/Repair

COLORING

Root Touch Up
Root Touch Up (Inoa)

FULL COLORING

Long
Short

HIGHLIGHTS (MULTI-SHADE)

Short
Long

MASSAGE

Head, Neck and Shoulder Massage
Foot Massage

WAX – ARMS

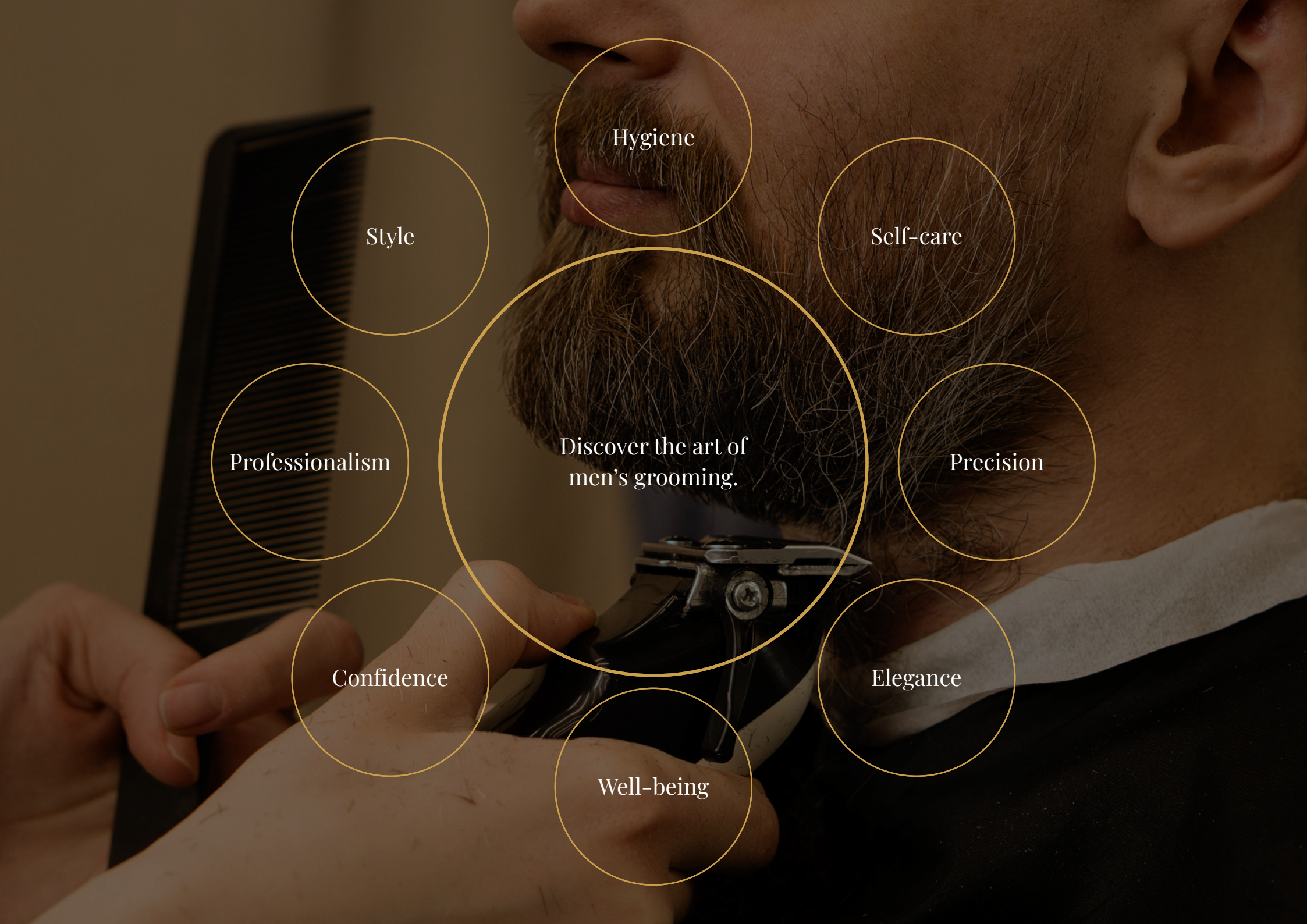
Half
Full
Underarms or Bikini
Brazilian Wax

LEGS

Half
Full
Full Body

HAND & FEET CARE

Spa Pedicure
Spa Manicure



Hygiene

Self-care

Precision

Elegance

Well-being

Confidence

Professionalism

Style

Discover the art of
men's grooming.

THREADING

Upper Lips

Eye Brows

Full Face

MAKE UP

Light

Reception

Party

Bridal (Including Hairstyle)

Eye

Sari Draping

HAIR CUT

Hair

Shampoo with Conditioner

For Him

BEARD

Shave

Beard Trim

Beard Colour

Moustache Colour

Root Touch Up Coloring

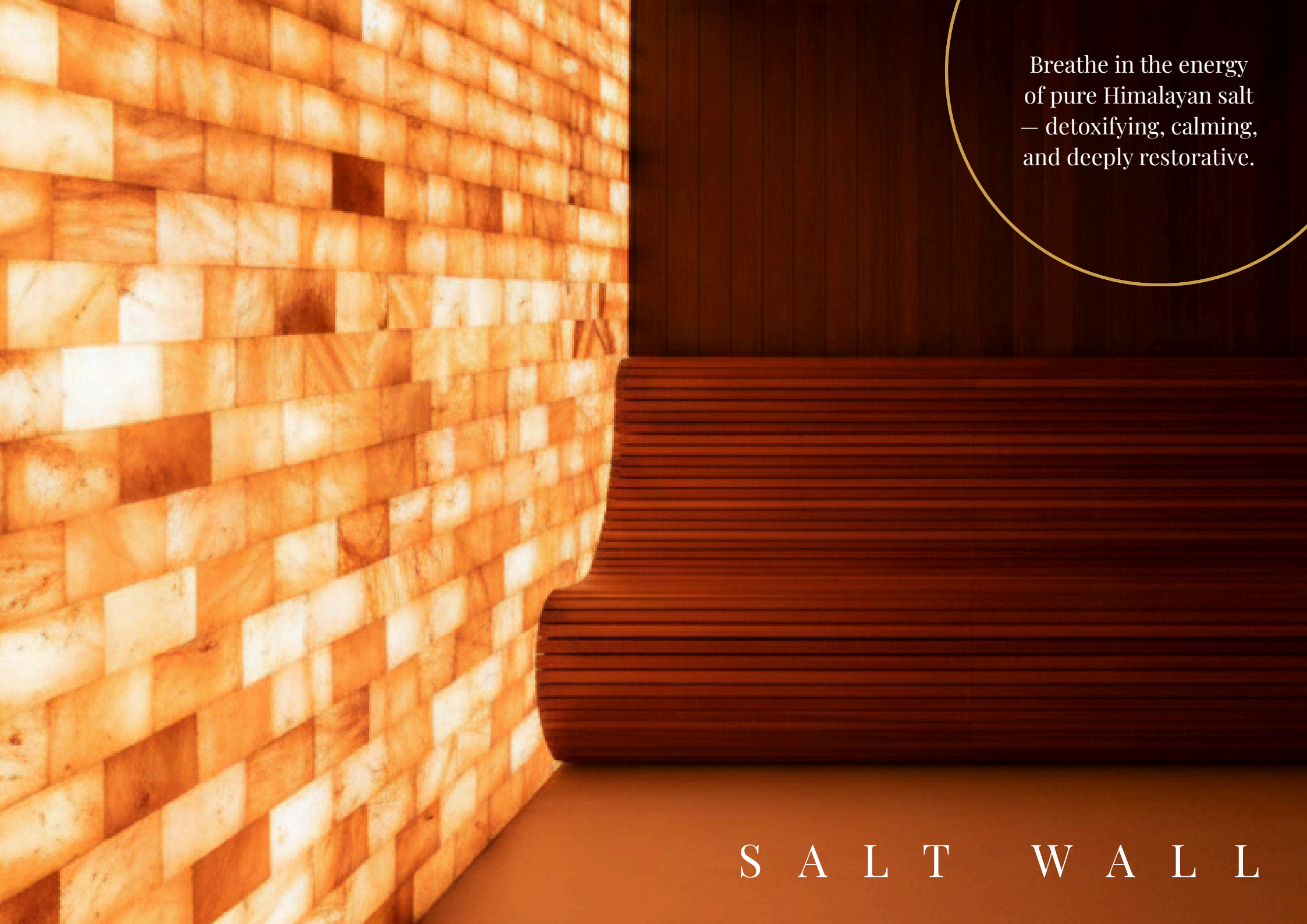
MOROCCAN OIL HAIR RITUAL TREATMENT

Hydrate | Smooth | Repair



A cascade of warm
water jets massages the
body, melting tension
and awakening the
senses.

V I C H Y S H O W E R

A photograph of a salt wall and a wooden bench. The salt wall is on the left, made of many small, rectangular blocks of Himalayan salt in various shades of orange and yellow. It has a curved shape. To the right of the salt wall is a dark brown wooden bench with horizontal slats. The background is a dark brown wall with vertical slats. The floor is a light brown color.


Breathe in the energy
of pure Himalayan salt
— detoxifying, calming,
and deeply restorative.

S A L T W A L L



Timings: 8 am to Midnight Daily

For booking a spa appointment,
please contact on the following numbers

 7290001435 | 01126779191 (686 Ext.)

*Your sanctuary for
mind, body, and soul.*



