

# Level Up Your Tastebuds

# Food

- @levelseven restaurant
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- f Level Seven Restaurant

# Sushi

sesame seed dressing

	Fashion sandwich (4 pieces)	145	Tibet - hand roll
145	Tuna, avocado and mayo		Cucumber, avocado and
145	Chicken, avocado and mayo		pickled radish
155	Salmon, avocado and cream	4.45	
	cheese	145	Triple layer
155	Prawn, avocado and mayo		Rice, mayo, smoked salmon
165	Salmon, avocado and mayo		and caviar
	California roll (4 pieces)	165	Sashimi salad
135	Apple, cream cheese, red pepper		Assorted sashimi on a bed of
	and avocado		asian greens and rocket
145	Spicy tuna and avocado		
145	Prawn and avocado		Salmon roses
155	Salmon and avocado	170	Salmon sashimi, mayo
			and caviar
	Sashimi (4 pieces)	185	Salmon sashimi, avo,
	Tuna		mayo and caviar
165	Seared tuna		-(////////
165	Salmon	355	Combo platter
			California roll - 6 pieces
	Nigiri (2 pieces)		Maki - 2 pieces
130	lnar - bean curd		Rainbow - 2 pieces
130	Tuna		Sashimi - 2 pieces
145	Salmon	425	1
145	Prawn	425	1
150	Eel		Sashimi - 6 pieces
155	Salmon caviar		Nigiri - 4 pieces
			California roll - 2 pieces
420	Maki (4 pieces)		Maki - 4 pieces
130 145	Avocado	445	Salmon platter
	Tuna	443	Salmon temaki - 2 pieces
145	Salmon		Fashion sandwich - 2 pieces
150	Big roll - futo		California roll - 2 pieces
	Temaki - hand roll		Maki - 2 pieces
135	Vegetarian		Nigiri - 2 pieces
145	Prawn		Mgir 2 pieces
145	Spicy tuna spring onion	475	Signature platter
155	Salmon	4/3	Rainbow - 2 pieces
133	Sairton		Maki - 2 pieces
165	Egypt - hand roll		Salmon roses - 2 pieces
103	Salmon pyramid, avocado and caviar		Nigiri - 4 pieces
			Sashimi - 2 pieces
145	Crazy veggy		
	Brinjals, peppers, celery, sprouts and		
	peanuts rolled with cucumber and		



# Salads and Soup

# 80 Roasted tomato and pepper soup

Oven roasted tomatoes blended with peppers, served with garlic croutons and a sour cream swirl

# 80 Roasted pumpkin and red onion soup

Pumpkin soup infused with thai flavours, coriander and a hint of cream

# 90 Chicken soup

Slow braised chicken broth infused with mediterranean herbs and finished with cream

## 130 Traditional chicken caeser salad

Grilled lemon and herb chicken breast, mixed baby lettuce, garlic and black pepper croutons, fresh parmesan shavings and caesar dressing

# 130 Crispy calamari salad

Fried calamari served with pickled vegetable ribbons salad, lemon gel and avocado and rocket foam

# 135 Spicy chicken liver salad

Pan fried livers marinated in peri-peri, cucumber; black olives, mixed greens and vine tomatoes dressed with lime vinaigrette

# 135 Chicken tandoori salad

Tandoori spiced chicken breast, grilled to perfection placed on a bed of wild rocket leaves, parmesan shavings with a peppadew, cucumber and tomato salsa, drizzled with a sesame oil and coriander aioli

#### 135 Signature greek salad

Baby asian greens, tomatoes, onion, danish feta, avocado and pine nuts dressed with basil pesto vinaigrette

# **150** Bouillabaisse soup

Traditional seafood soup with fresh line fish and shellfish in a tomato and saffron broth served with rouille and homemade bread

# **160** Beetroot goats cheese & carpaccio

Candied walnuts, marinated goats cheese spheres, ostrich carpaccio and a compliment of raspberry gel

#### 210 Prawn and avocado salad

Grilled prawns, butter lettuce, hierloom tomatoes, cucumber ribbons with sauce marie rose



# Starters

# SQ Oysters

Tempura with celery relish and pickled ginger or Fresh, served with shallot vinaigrette and pickled ginger

# **105** *Sweet pepper stuffed chicken*

Chicken fillet infused with herb flavoured farce, crumbles of greek cheese and peppadew, complemented by herb enhanced creamy pimiento sauce

## 125 Chicken livers

Pan fried chicken livers marinated in garlic sauce, served with side bread roll

## 130 Prawn spring rolls

With ginger lime and sweet soya dipping sauce

## 130 Prawn cocktail

Prawns served with crispy greens & avocado salad, drizzled with a homemade mayonnaise

#### 135 Stuffed calamari

Barbecued calamari filled with mirepoix (celery, leeks, onion) and chopped beef sausages. Served with apricot bourbon and drizzled with sweet and sour sauce with a hint of smokiness

# 160 Beef carpaccio

Herb crust tenderloin, mushrooms, micro shoots, vinaigrette and parmesan shavings

### 160 Duck trio

Marinated breast in Asian flavours – seared and served with homemade duck sausage, duck liver mousse and exotic mushrooms, complemented by an apple puree and pear crisps

# 165 Venison carpaccio

Herb crusted and served with a parmesan – rocket salad and a spiced vinaigrette

# 165 Asian beef fillet

An asian influenced beef, marinated in an Indonisian chilli and ginger soya, wrapped with seaweed. Served with a combination of purees that include, banana ginger and carrot, shimejie salad and crispy ginger finished with a burst of orange soaked carrot and drizzled with soya sauce

#### 165 Salmon tartar

Tian of scottish salmon, tomato concasse and pickled cucumber beetroot carpaccio and champagne foam

# 165 Balsamic fillet

Sealed and sliced beef fillet layered with thinly sliced tomato and new, flash fried potatoes, topped with herb infused balsamic and red wine reduction

#### 175 Fish cakes

Thai style with mild wasabi mayo, lemongrass infused sweet chilli and salad of micro greens

# **175** *Prawn with saffron pear chutney*

Pan fried prawns with saffron pear chutney, avocado mousse, bacon dusted scallops and micro herb salad

#### **175** Tempura prawns

Tempura battered Mozambican prawns, deep fried and served with a lemongrass infused sweet chilli and tempura dipping sauce

# 215 Prawn & scallop risotto

Grilled prawns with pan fried scallops, set on a saffron enhanced risotto, caviar and saffron gel



# High Seas

#### 240 Calamari

Tender baby tubes pan-fried with lemon and garlic served with seasonal vegetables and sumo chips

# 245 Grilled sole

Seasoned with maldon sea salt, served with sauteed new potatoes, pea and red onion ragout and salsa verde

# 250 Grilled line fish

With soft herb crust, saffron new potatoes and micro herbs

# 265 Fillet of kingklip

Served with wilted bok choi, sweet potato crisps and passion fruit gel

# 295 Salmon and prawn risotto

Pan fried scottish salmon with creamed horse radish, garlic, onions, arborio rice and white wine, finished with a saffron and parmesan cream sauce and tempura prawns

## 295 Prawn pasta

Pan fried prawns, mushrooms and asparagus in a cream based sauce, with a choice of penne, linguini or tagliatelle

# 310 Prawn curry

Simmered in traditional durban spices and tamarind served with basmati rice, sambals and poppadom

# 325 Asian salmon

Seared salmon fillet, set on a teriyaki stir-fry, charred exotic mushrooms with a wasabi enhanced beurre blanc and a complement of a squid wafer

#### 325 Salmon teriyaki

Scottish salmon grilled to perfection, served with homemade pickled cucumber, honey glazed sweet potato rounds and served with teriyaki reduction and micro herbs

# 335 Salmon kingklip

Fillet of kingklip stuffed with smoked salmon, served with sweet potato puree sautéed spinach and a tomato beurre blanc

# 365 Mediterranean salmon

Wild rice - chorizo paella, confit fennel, pea puree & organic seaweed

# Shellfish

Prepared the traditional Mozambican way and served with seasonal vegetables and a choice of rice or chips

SQ	Queen prawns
SQ	King prawns
SQ	Tiger medium prawns
SQ	Langoustines
SQ	Baby lobster
SQ	Lobster thermidor
SQ	Signature ladies platter Queen and tiger medium prawns (Queen and Langoustine - optional)
SQ	Signature shellfish platter Combination of a baby lobster,queen and tiger medium prawns (Langoustine option available)
SQ	Seafood platter for two Baby lobster, queen and tiger medium prawns, calamari, mussels and line fish (Langoustine option available)



# Signature dishes

# 210 Chicken carbonara linguine

Poached chicken thighs, truffle and parmesan infused cream sauce, rocket, lemon pepper pearls and crispy crackling

# 215 Chicken korma curry

Chicken thighs and breast braised in a coconut infused mild blend of spices, toasted almonds dehydrated vine tomatoes, roti and sambals

#### 275 Ostrich and leek

An ostrich fillet grilled to perfection, served with creamy leeks and sweet buttered pears, herbed golden baby carrots, finished with a wintery burnt leeks and turmeric pickled leeks, finished off with a port wine jus

# 295 Braised pork belly

Slow braised pork belly served with king oyster mushroom, salsa, fresh cherries, apple and potato puree, complimented with basil sprouts and fennel

# 315 Beef tornado

Charred grilled beef fillet, pommes dauphine, green bean and vine tomato salad topped with bearnaise sauce

#### 335 Glazed quail

Roasted quail glazed with chai jus, served with curry lentils, butternut disc and quail lollipops accompanied with burnt onion petals, brown onion puree and blanched spinach

# 345 Coffee rubbed fillet

Rubbed in coffee infused blend of mild spices, twice baked potato, asparagus, fried exotic mushrooms and a creamed mushroom sauce

# 355 Ostrich fillet

Grilled ostrich fillet with sweet potato and honey puree, roast mediterranean vegetables and peppercorn sauce

# 365 Bell pepper fillet

Pan fried beef loin, wrapped in bell pepper, served on a peppery bath and creamy potato, grill baby corn and asparagus spears 365 Oxtail

Served on the bone with rice and saffron new potatoes

**385** *Cote De Boeuf (500g)* 

Beef fore-rib with truffle potato, asparagus and baby carrots

405 Curry lamb shank

Slow roasted curry infused lamb shank with garam masala, cinnamon and coriander served with mash potato and seasonal vegetables

435 Paradise fillet

Beef fillet grilled to perfection served with garlic snails and prawns, muesli powder, pan fried exotic mushrooms, potato terrine, basmati rice and port wine jus



# Meat and poultry

Our meat is wet-aged on the premises for 21 days. Served with sumo chips, glazed baby vegetables and a choice of sauces: Port wine jus 55, Namibian truffle 85, Blue cheese 55, Béarnaise 55, Mushroom 50, Cheese and mushroom 60, Pepper 55 and Creamy garlic 55.

- 245 Rump
- 255 Fillet
- 310 Rib eye
- 210 Flame grilled baby chicken

Rubbed with maldon sea salt, fresh chilli and lemon, served with sumo chips

- 305 Prime rib
  - Lazy aged prime cut, pearl barley risotto, sautéed seasonal vegetables and port wine jus
- 325 Duck leg confit

Slow braised sous vide style duck leg confit with a potato dauphinoise, honey glazed root vegetables and topped with fig preserve and port wine jus

- 330 Pork ribs
  - Prepared with soya, honey and ginger glaze, served with sumo chips and braised vegetables
- 335 Beef fillet and pie

Grilled fillet, braised beef cheek pie, sautéed mushrooms, parsnip pûree and thyme infused red wine reduction

345 Lamb chops

French trimmed, rubbed with dukkah served with mint pea pûree and sumo chips

380 Beef fillet and mushroom royale

Grilled beef fillet, oxtail-mustard and cheese croquette, confir mushroom potato, mushroom royale, slow roasted and grilled pearl onions, grilled zucchini, mushroom puree

# Vegetarian

# 215 Vegetarian stack

Tian of sweet potato rosti, field mushroom, roasted peppers & tofu served with tomato beure blanc

# 215 Vegetarian pasta

Grilled baby corn and peas, cumin and garlic infused olive oil and served with penne, linguini or tagliatelle

# 250 Bean ragout

Grilled carrot and red kidney bean ragout served with coconut and almond gazphacho, poached white grapes, shaved asparagus and chive oil

## **255** *Tortellini mushroom*

Dumpling filled with exotic mushrooms duxelle, red onion, parsley and light soy sauce, served with porcini mushroom consommé

# 255 Wild mushroom risotto

Grilled exotic mushrooms pan fried in olive oil with arborio rice, white wine, vegetable stock and cream, finished with a splash of truffle oil, parmesan tuile, basil pesto and micro herbs



# Dessert

125 Trio of	crème	brûlée
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Vanilla, berry and bar-one crème brûlée served with almond tuile

# 125 Pear malva pudding

Kahlúa butterscotch and vanilla pod ice-cream

# 130 Berry and mascopone cheese cake

Fridge based and topped with mixed berry compot

# 135 American style baked cheese cake

Served with berry compot and drizzled with mixed berry coulis

# 135 White chocolate sphere

Sphere with raspberry center, sugar tuille, champagne gel, coconut biscuit and coconut pearls

# 135 Cake of the day

At the chef's whim! Please ask your waiter

# 145 Rose water, toasted almond and ginger panna cotta

Panna cotta infused with rose petals, toasted almonds and ginger served with butterscotch jelly, nut praline, fruit compot and berry coulis

# 145 Signature soufflé

Chocolate soufflé with both pistachio sable and cinnamon sable on a pistachio ice cream

# 145 Lindt chocolate fondant

Served with mascarpone quenelle and preserved orange zest

# 150 De-constructed apple pie

Black pepper custard, apple & cranberry tart, cinnamon crumble, cranberry gel, ginger ice cream and apple chips

# 155 Banana and peanut butter mousse

Chilled banana and peanut butter mousse served on a dark chocolate brownie sponge, with dark and white chocolate garnish, coconut crumble, pistachio ice cream and fresh berries

# 155 Lamington sponge

Brandy soaked sponge, macerated segments, orange crumble, homemade custard, orange and passion fruit panna cotta served with granadilla sorbet

# 155 Layered fairy

White wined jelly, cinnamon white chocolate bavorois, peach gel, cinnamon soil and lemon sorbet

## 165 Chocolate duo

White chocolate mousse and lindt fondant served with berry compot and chocolate ganache

## 165 Ferrero rocher tiramisu

With chocolate fudge parfait, caramel gel, strawberry salsa, hazelnut crumble and chocolate ganache

# Cheese and Fruit

# **165** *Fruit platter*

An assortment of exotic, soft and hard seasonal fruits

# **265** *Cheese platter (for two)*

Imported soft centre cheese, savoury crackers, preserves and nuts

